

PROGRAM B																					
Under 6		Under 7		Under 8		Under 9		Under 10		Under 11		Under 12		Under 13		Under 14 +					
Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys				
						07:15 Marshall 07:30 Start		07:15 Marshall 07:30 Start								07:15 Marshall 07:30 Start					
						07:45 Marshall 08:00 Start				Scissor High Jump	Scissor High Jump	07:30 Marshall 07:45 Start		800m	800m	Discus	Discus	07:30 Marshall 07:45 Start		Hurdles 80m to 100m 76cm	Hurdles 80m to 110m 76cm
						08:00 Marshall 08:15 Start		Long Jump	Long Jump			500m	500m	800m	800m			Javelin	Javelin	Hurdles 80m 68cm	Hurdles 80m 68cm
300m	300m	300m	300m	Turbo Javelin	Turbo Javelin	800m	800m			Discus	Discus	Hurdles 80m 60cm	Hurdles 80m 60cm	Long Jump	Long Jump	Shot Put	Shot Put	800m	800m		
Shot Put	Shot Put			Vortex	Vortex	Hurdles 60m 45cm	Hurdles 60m 45cm	Hurdles 60m 45cm	Hurdles 60m 45cm	Hurdles 60m 60cm	Hurdles 60m 60cm	Shot Put	Triple Jump			800m	800m	800m	800m	Long Jump	Long Jump
70m	70m	70m	70m			Discus	Discus	Long Jump	Long Jump	Scissor High Jump	Scissor High Jump	200m	200m	High Jump	High Jump	Discus	Discus	Shot Put	Shot Put		
Vortex	Vortex			70m	70m	70m	70m	70m	70m	70m	70m	Triple Jump	Shot Put			200m	200m	200m	200m	200m	200m
						Discus	Discus							200m	200m	Triple Jump	Triple Jump				