



# JOONDALUP JOURNAL

[www.joondalupathletics.com.au](http://www.joondalupathletics.com.au)



Are you our  
next Olympic  
Athlete

**GREAT  
STARTS  
HERE!**

**REGISTRATIONS OPEN TO NEW AND  
RETURNING FAMILIES THIS COMING  
SUNDAY 1ST SEPTEMBER @ 8am**

Joondalup Athletics Centre acknowledge the Whadjuk people of the Nyoongar Nations, who are the traditional owners of the land on which we meet, train and compete. We pay our respects to their elders, past, present and emerging.

# HOW TO REGISTER

- Click [Here](#) to take you to the Registration Portal
- Click on the Green Register Button located top right of screen
- Returning Athletes please enter your Username and Password from last season
- New Athletes click on Create New Family Account
- Returning athletes check that all details are correct
- New registrations please enter details as prompted
- **MAKE SURE YOU SELECT YES TO MAILING LIST**
- Select the athlete or athletes you are registering
- If adding a new athlete, click the Add New button
- Follow the remaining prompts to payment screen
- Pay via Credit/Debit Card or Paypal
- Kidsport approved athletes please select Voucher and input your voucher number given when you received your email approval
- Registration will be complete if you receive a Welcome Email from us
- If you don't receive a confirmation email please contact Nicole at [admin@joondalupathletics.com.au](mailto:admin@joondalupathletics.com.au)

**IF REGISTERING AS A DUAL MEMBER PLEASE EMAIL NICOLE TO RECEIVE FURTHER INSTRUCTIONS ON HOW TO REGISTER FOR SENIORS.**

# Visit Our New Look Website



[www.joondalupathletics.com.au](http://www.joondalupathletics.com.au)



Does your family have a health care card?  
**Your child may be eligible for  
up to \$500 towards club fees!**

Apply online [www.dlgsc.wa.gov.au/kidsport](http://www.dlgsc.wa.gov.au/kidsport)



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# ATHLETICS

# INFORMATION DAY



New to athletics? Come along to one of our two Information Sessions to find out everything you need to know about this Summer's Athletics Program

**SATURDAY  
31ST AUGUST**

**CLUBROOMS  
HBF ARENA  
JOONDALUP**

**9.30AM - 10.30AM  
10.45AM - 11.45AM**



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# 2024-25 SEASON CALENDAR

SEPTEMBER	OCTOBER	NOVEMBER
<p><b>SUNDAY 1/9</b> Registrations Open</p> <p><b>MONDAY 16/9</b> Training Commences See Training Schedule</p> <p><b>WEDNESDAY 18/9</b> WA Schools Challenge 4pm @ Athletics Stadium</p>	<p><b>SATURDAY 12/10</b> JAC Program A - 7.30am Come and Try Day - 7.30am</p> <p><b>SATURDAY 19/10</b> JAC Program B - 7.30am</p> <p><b>SATURDAY 26/10</b> JAC Program A - 7.30am <b>Mini Athletics Starts</b></p>	<p><b>FRIDAY 1/11 TO SUNDAY 3/11</b> WA All Schools Championships All Weekend @ Athletics Stadium</p> <p><b>SATURDAY 2/11 TO SUNDAY 3/11</b> U20 &amp; Open Combined event All Weekend @ Athletics Stadium</p> <p><b>SATURDAY 2/11</b> JAC Program B - 7.30am</p> <p><b>SATURDAY 9/11</b> JAC Program A - 7.30am</p> <p><b>SATURDAY 16/11</b> JAC Program B - 7.30am</p> <p><b>SATURDAY 16/11</b> U11 - U18 Combined Events Day 1 4pm @ Athletics Stadium</p> <p><b>SUNDAY 17/11</b> U11 - U18 Combined Events Day 2 All Day @ Athletics Stadium</p> <p><b>SATURDAY 23/11</b> JAC Program A - 7.30am</p> <p><b>SATURDAY 30/11</b> JAC Program B - 7.30am <b>Mini Athletics Finishes</b></p>
DECEMBER	JANUARY	FEBRUARY
<p><b>FRIDAY 6/12 TO SUNDAY 8/12</b> Aust All Schools Championships All Weekend @ Brisbane QLD</p> <p><b>SATURDAY 7/12</b> JAC Chase &amp; Xmas BBQ - 3.00pm <b>Mini Athletics 60m</b></p> <p><b>SATURDAY 14/12</b> State Relay Champs (U9 plus) All Day @ Athletics Stadium <b>No JAC Competition</b></p>	<p><b>MONDAY 6/1</b> Training Recommences</p> <p><b>SATURDAY 11/1</b> JAC Multi Day - 7.30am</p> <p><b>SATURDAY 18/1</b> JAC Program A - 7.30am</p> <p><b>SATURDAY 25/1</b> JAC Program B - 7.30am</p>	<p><b>SATURDAY 1/2 &amp; SUNDAY 2/2</b> WA Combined Champs (U11 plus) All Weekend @ Athletics Stadium <b>No JAC Competition</b></p> <p><b>SATURDAY 8/2</b> JAC Program A - 7.30am</p> <p><b>SATURDAY 15/2 &amp; SUNDAY 16/2</b> Zones Championships (U7 to U15) Venue TBA <b>No JAC Competition</b></p> <p><b>SATURDAY 22/2</b> JAC Program B - 7.30am</p>
MARCH	APRIL	
<p><b>FRIDAY 7/3 TO SUNDAY 9/3</b> Senior States (U13 plus) All Weekend @ Athletics Stadium <b>No JAC Competition</b></p> <p><b>SATURDAY 15/3</b> JAC Centre Champs A - 7.30am</p> <p><b>SUNDAY 16/3</b> JAC Centre Champs B - 7.30am</p> <p><b>SATURDAY 22/3 TO SUNDAY 23/3</b> Junior States (U9 to U13) All Weekend @ Athletics Stadium</p> <p><b>SAURDAY 28/3</b> Junior Challenge 6pm @ Athletics Stadium</p> <p><b>SATURDAY 29/3</b> JAC Windup/Trophies/AGM</p>	<p><b>FRIDAY 4/4 TO TUESDAY 8/4</b> Australian Athletics Championships (U13 to U18) All week @ Athletics Stadium Perth WA</p> <p><b>THURSDAY 10/4 TO SUNDAY 13/4</b> Australian Athletics Championships (U20 and Open) All Week @ Athletics Stadium Perth WA</p> <p><b>FRIDAY 26/4 TO SUNDAY 28/4</b> Australian Little Athletics Championships (U13 to U15) All Weekend @ Adelaide SA</p>	

*We need a*  
**FUNDRAISING**  
*Director*



We are searching for a Fundraising Director to help us raise funds for new equipment this season

**JOIN US**

[admin@joondalupathletics.com.au](mailto:admin@joondalupathletics.com.au)



0478 601 653

# 2024-25 STRIVE CALENDAR

SEPTEMBER	OCTOBER	NOVEMBER
<p><b>SUNDAY 1/9</b> Registrations Open</p> <p><b>SUNDAY 15/9</b> Aust Marathon Champs Sydney NSW</p> <p><b>MONDAY 16/9</b> Training Commences See Training Schedule</p>	<p><b>SUNDAY 6/10</b> Perth Running Festival Burswood WA</p> <p><b>SUNDAY 6/10</b> State Marathon Championships Burswood WA</p> <p><b>FRIDAY 18/10</b> Strive 1 - Program A 6pm @ Athletics Stadium</p> <p><b>FRIDAY 25/10</b> Strive 2 - Program B 6pm @ Athletics Stadium</p> <p><b>FRIDAY 1/11 TO SUNDAY 3/11</b> WA All School Championships All Weekend @ Athletics Stadium</p> <p><b>SATURDAY 2/11</b> State 10km Championships WA Athletics Stadium</p> <p><b>SATURDAY 2/11 TO SUNDAY 3/11</b> U20 to Open Combined Event All Weekend @ Athletics Stadium</p>	<p><b>FRIDAY 8/11</b> Strive 3 - Program C 6pm @ Athletics Stadium</p> <p><b>SATURDAY 16/11</b> Strive 4 - Program D</p> <p><b>SATURDAY 16/11</b> U11 - U18 Combined Event 4pm @ Athletics Stadium</p> <p><b>SUNDAY 17/11</b> U11 - U18 Combined Event Athletics Stadium</p> <p><b>FRIDAY 22/11</b> Strive 5 - Program A 6pm @ Athletics Stadium</p> <p><b>SUNDAY 24/11</b> Aust 50km Road Race Champs Coolangatta QLD</p> <p><b>FRIDAY 29/11</b> Strive 6 - Program B 6pm @ Athletics Stadium</p> <p><b>SATURDAY 30/11</b> Aust 10km Champs Melbourne VIC</p>
DECEMBER	JANUARY	FEBRUARY
<p><b>SUNDAY 1/12</b> Aust 50km Champs Gold Coast QLD</p> <p><b>FRIDAY 6/12 TO SUN 8/12</b> Aust All School Champs Brisbane QLD</p> <p><b>SATURDAY 7/12</b> Strive 7 - Special Program 4pm @ Athletics Stadium</p> <p><b>SATURDAY 14/12</b> State Relay Championships Athletics Stadium</p> <p><b>FRIDAY 20/12</b> Strive 8 - Program C 6pm @ Athletics Stadium</p>	<p><b>FRIDAY 10/1</b> Strive 9 - Program D 6pm @ Athletics Stadium</p> <p><b>SATURDAY 18/1</b> Strive 10 - Program A 4pm @ Athletics Stadium</p> <p><b>SATURDAY 18/1</b> Night of the Go For 2&amp; 5 7pm @ Athletics Stadium</p> <p><b>SATURDAY 18/1</b> State Open &amp; U20 5km Champs 7pm @ Athletics Stadium</p> <p><b>FRIDAY 24/1</b> Strive 11- Program B 6pm @ Athletics Stadium</p>	<p><b>SATURDAY 1/2 TO SUNDAY 2/2</b> State Combined Champs All Weekend @ Athletics Stadium</p> <p><b>SATURDAY 8/2</b> Strive 12 - Special Program 4pm @ Athletics Stadium</p> <p><b>SATURDAY 8/2</b> State U15 to Open 3km Champs 4pm @ Athletics Stadium</p> <p><b>SATURDAY 14/2</b> Strive 13 - Program A 6pm @ Athletics Stadium</p> <p><b>SATURDAY 22/2</b> Strive 14 - Program D</p> <p><b>WEDNESDAY 26/2</b> Strive 15 - Program A 6pm @ Athletics Stadium</p>
MARCH	APRIL	
<p><b>FRIDAY 7/3 TO SUNDAY 9/3</b> State Track &amp; Field Champs All Weekend @ Athletics Stadium</p> <p><b>FRIDAY 14/3</b> Strive 16 - Program B 6pm @ Athletics Stadium</p> <p><b>FRIDAY 21/3</b> Strive 17 - Program C 6pm @ Athletics Stadium</p> <p><b>FRIDAY 28/3</b> Strive 18 - Program D 6pm @ Athletics Stadium</p>	<p><b>FRIDAY 4/4 TO TUESDAY 8/4</b> Australian Athletics Championships (U13 to U18) All week @ Athletics Stadium Perth WA</p> <p><b>THURSDAY 10/4 TO SUNDAY 13/4</b> Australian Athletics Championships (U20 and Open) All Week @ Athletics Stadium Perth WA</p>	

# CENTRE TRAINING

**Our training for 2024-25 will commence on Monday  
16th September at Arena Joondalup**

DAY	TIME	EVENT TRAINING	AGE GROUP TRAINING
Monday	4.30pm to 5.30pm	U9 Plus Distance	Under 8 Girls Under 10 Girls
Tuesday	4.30pm to 5.30pm		Under 7 Girls Under 9 Girls Under 11 Boys
	4.45pm to 5.45pm	Under 9 to Under 10 Sprints	
	5.30pm to 7.00pm	Under 11 Plus Javelin	
	6.00pm to 7.00pm	U11 Plus Sprints & Hurdles	
Wednesday	4.00pm to 5.00pm	U11 Plus High Jump	Under 6 Girls Under 6 Boys
	4.30pm to 5.30pm	Under 9 to Under 10 Hurdles	Under 10 Boys
	5.00pm to 6.00pm	U11 Plus Sprints & Hurdles	
Thursday	4.30pm to 5.30pm	Under 9 Plus Long Jump Under 9 Plus Distance	Under 7 Boys Under 8 Boys Under 9 Boys
	5.30pm to 6.30pm	Under 11 Plus Triple Jump	



# JAC JACKETS & HOODIES

Missed out on our first order of Hoodies and Jackets, don't panic, we have now opened up a second round of orders. Place your order now via our Online Shop.

Delivery will be in early October so it's just in time for our new season and ideal to keep you and your athlete warm after training or on those brisk Saturday mornings of competition.

**JOONDALUP**  
ATHLETICS CENTRE

FOUNDED IN AUGUST 1992

**Jacket: \$55**  
**Hoodie \$50**

**PRE  
ORDER  
NOW**

**ORDERS CLOSE  
1ST SEPT 2024**

[WWW.JOONDALUPATHLETICS.COM.AU/SHOP](http://WWW.JOONDALUPATHLETICS.COM.AU/SHOP)