



ATHLETICS WEST

2025 WA STATE TRACK AND FIELD CHAMPIONSHIPS

POWERED BY FUEL TO GO & PLAY

7 – 9 MARCH 2025, WA ATHLETICS STADIUM

RULES & REGULATIONS

Last Updated 22 January 2025

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1. GOVERNING BODIES RULES BEING APPLIED AT THIS EVENT

The 2025 WA State Track and Field Championships is the State Championship for Athletics West members in the Under 13 to Open age groups, including both Strive and Little Athletic Program members, as detailed further in this document underage Groups.

The WA State Track and Field Championships will be conducted according to the rules of Athletics West, Athletics Australia, World Athletics and World Para Athletics.

World Athletics Rules: <https://www.worldathletics.org/about-iaaf/documents/book-of-rules>

World Para Athletics Rules: <https://www.paralympic.org/athletics/rules>

Athletics Australia Rules: <https://www.athletics.com.au/info-hub/rules-technical-information>

Athletics West: <https://www.athleticswest.com.au/about/rules/>

2. EVENTS OFFERED IN COMPETITION

Event specifications are aligned with Athletics Australia and the national pathway for the Australian Championships (Perth, 4-13 April 2025). Where these specifications deviate from the Little Athletics program, the Little Athletics event will also be offered, however it should be noted these are not qualifying events for the Australian Championships. Further information on State Team progression can be found at <https://www.athleticswest.com.au/pathway/wa-state-team/>.

The following events will be on offer for this Competition. Please note this document distinguishes the varying rules between Little Athletics and Senior Athletics events. Athletes should abide to the rules applicable to their chosen event.

Events available to enter by year of birth as highlighted on the next page:

CONTESTED EVENTS – WOMEN

Age Group	U13 (LA 12) Born 2013	U14 (LA U13) Born 2012	U15 (LA U14) Born 2011	U16 (LA U15) Born 2010	U17 (LA U16) Born 2009	U18 (LA U17) Born 2008	U20 Born 2006 or 2007	Open Born 2005 or earlier
100m	✓	✓	✓	✓	✓	✓	✓	✓
200m	✓	✓	✓	✓	✓	✓	✓	✓
400m	✓	✓	✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓	✓	✓
1500m	✓	✓	✓	✓	✓	✓	✓	✓
3000m			✓	✓	✓	✓	✓	✓
Sprint Hurdles	80m (68cm)	80m (76cm)	90m (76cm)	90m (76cm)	100m (76cm)	100m (76cm)	100m (84cm)	100m (84cm)
Long Hurdles			200m (76cm) 10 flights	200m (76cm) 10 flights	400m (76cm)	400m (76cm)	400m (76cm)	400m (76cm)
Steeplechase*			2000m (76cm)	2000m (76cm)	2000m (76cm)	2000m (76cm)	3000m (76cm)	3000m (76cm)
Race Walk		3000m	3000m	3000m	5000m	5000m	10,000m	10,000m
High Jump Starting Height	✓ 1.20m	✓ 1.20m	✓ 1.25m	✓ 1.30m	✓ 1.35m	✓ 1.40m	✓ 1.40m	✓ 1.40m
Pole Vault*		✓	✓	✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓
Shot Put	3kg	3kg	3kg	3kg	3kg	3kg	4kg	4kg
Discus	0.75kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
Javelin	400g	400g	500g	500g	500g	500g	600g	600g
Hammer Throw*		3kg	3kg	3kg	3kg	3kg	4kg	4kg

Entry Restrictions & Age Minimums

- Athletes are unable to contest Pole Vault, Hammer Throw or Steeplechase unless they have trained and competed in the event at Strive
- Athletes must be 14 years of age in the year of competition to compete in Steeplechase
- Athletes must be 16 years of age in the year of competition to compete in any event in excess of 5000m
- High Jump and Pole Vault starting heights and Triple Jump board minimums will apply and will be finalised in the release of the Championships Rules & Regulations.

LITTLE ATHLETICS EVENTS - GIRLS

Majority of events for the Little Athletics Under 14-17 age groups align with the national pathway, with the exception of hurdles and race-walking events. To address the discrepancy between program specifications, the following events will be contested at the WA State Track & Field Championships but can only be contested by Little Athletics Program members.

Age Group	LA U14 (AA U15) Born 2011	LA U15 (AA U16) Born 2010	LA U16 (AA U17) Born 2009	LA U17 (AA U18) Born 2008
Sprint Hurdles	80m (76cm)	90m (76cm)	90m (76cm)	100m (76cm)
Long Hurdles	200m (76cm – 5 flights)	300m (76cm – 7 flights)	300m (76cm – 7 flights)	300m (76cm – 7 flights)
Race Walk	1500m Race Walk	1500m Race Walk	1500m Race Walk	1500m Race Walk

Members in the Little Athletics U13 Age Group can choose to compete at the WA State Track & Field Championships with the specifications as detailed in this document and/or the WA State Junior Track & Field Championships, with the specifications as detailed in the Little Athletics Program Rules.

CONTESTED EVENTS – MEN

Age Group	U13 (LA U12) Born 2013	U14 (LA U13) Born 2012	U15 (LA U14) Born 2011	U16 (LA U15) Born 2010	U17 (LA U16) Born 2009	U18 (LA U17) Born 2008	U20 Born 2006 or 2007	Open Born 2005 or earlier
100m	✓	✓	✓	✓	✓	✓	✓	✓
200m	✓	✓	✓	✓	✓	✓	✓	✓
400m	✓	✓	✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓	✓	✓
1500m	✓	✓	✓	✓	✓	✓	✓	✓
3000m			✓	✓	✓	✓	✓	✓
Sprint Hurdles	90m (76cm)	90m (76cm)	100m (84cm)	100m (84cm)	110m (91cm)	110m (91cm)	110m (99cm)	110 (1.067m)
Long Hurdles			200m (76cm) 10 flights	200m (76cm) 10 flights	400m (84cm)	400m (84cm)	400m (91cm)	400m (91cm)
Steeplechase*			2000m (76cm)	2000m (76cm)	2000m (84cm)	2000m (84cm)	3000m (91cm)	3000m (91cm)
Race Walk		3000m	3000m	3000m	5000m	5000m	10000m	10000m
High Jump	✓	✓	✓	✓	✓	✓	✓	✓
Starting Height	1.20m	1.25m	1.30m	1.35m	1.40m	1.45m	1.45m	1.50m
Pole Vault*		✓	✓	✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓
Shot Put	3kg	3kg	4kg	4kg	5kg	5kg	6kg	7.26kg
Discus	0.75kg	1kg	1kg	1kg	1.5kg	1.5kg	1.75kg	2kg
Javelin	600g	600g	700g	700g	700g	700g	800g	800g
Hammer Throw*		3kg	4kg	4kg	5kg	5kg	6kg	7.26kg

Entry Restrictions & Age Minimums

- Athletes are unable to contest Pole Vault, Hammer Throw or Steeplechase unless they have trained and competed in the event at Strive
- Athletes must be 14 years of age in the year of competition to compete in Steeplechase
- Athletes must be 16 years of age in the year of competition to compete in any event in excess of 5000m or any men's open throwing, hurdles or steeplechase event
- High Jump and Pole Vault starting heights and Triple Jump board minimums will apply and will be finalised in the release of the Championships Rules & Regulations.

LITTLE ATHLETICS EVENTS – BOYS

Majority of events for the Little Athletics Under 12-17 age groups align with the national pathway, with the exception of hurdles and race walking events. To address the discrepancy between program specifications, the following events will be contested at the WA State Track & Field Championships but can only be contested by Little Athletics Program members.

Age Group	LA U14 (AA U15) Born 2011	LA U15 (AA U16) Born 2010	LA U16 (AA U17) Born 2009	LA U17 (AA U18) Born 2008
Sprint Hurdles	90m (76cm)	100m (76cm)	100m (76cm)	110m (76cm)
Long Hurdles	200m (76cm – 5 flights)	300m (76cm – 7 flights)	300m (76cm – 7 flights)	300m (76cm – 7 flights)
Race Walk	1500m Race Walk	1500m Race Walk	1500m Race Walk	1500m Race Walk

Members in the Little Athletics U12 and U13 Age Group can choose to compete at the WA State Track & Field Championships with the specifications as detailed in this document and/or the WA State Junior Track & Field Championships, with the specifications as detailed in the Little Athletics Program Rules.

NATIONAL PROGRESSION

Senior events are qualification for the Australian Track & Field Championships, which take place in Western Australia from 4-13 April 2025. The top 3 athletes in each age group per event will qualify for the WA State Team. Additionally, athletes who do not finish top 3, can qualify by entry standard for the Australian Championships. [Entry standards have been released by Athletics Australia](#) and further information will be provided in the Selection Criteria.

Please note: Events held using modified specifications as determined by the Little Athletics WA Program will not be eligible for use as progression to the Australian Track & Field Championships.

3. ENTRY REQUIREMENTS

Entry is open to all current Athletics West members (Little Athletics and Senior/Strive members) within the following age groups (see age groups below).

Athletes do not need to qualify to enter this event, so long as they are current members, of the appropriate age and for High Jump and Triple Jump, can meet the minimum starting heights/mat. In addition:

AGE GROUPS

The birth date calculation is as of 1 January 2025, as per the details below.

*Athletes are permitted to compete in an age group event and open categories, where minimum age requirements do not apply.

Year of Birth | Age Group

Born in 2013: Under 13 (LA U12)

Born in 2012: Under 14 (LA U13)

Born in 2011: Under 15 (LA U14)

Born in 2010: Under 16 (LA U15)

Born in 2009: Under 17 (LA U16)

Born in 2008: Under 18 (LA U17)

Born in 2007*: Under 20

Born in 2005*: Open

Born 2011, 2012, 2013: Para Under 15

Born in 2009, 2008 Para Under 17

Born in 2005, 2006, 2007*: Para Under 20

An athlete can compete in only **one underage group plus open**, for each event/discipline. They may change age groups for different events but not for the same event.

To summarise by example:

An athlete **can** compete in:

Under 18 Long Jump, Under 20 High Jump and the Open High Jump **OR**

Under 18 Long Jump, Under 18 High Jump and Open High Jump

An athlete **cannot** compete in:

Under 16 Long Jump and Under 18 Long Jump

Athletes must be turning 15 years of age by 31st December in the year of competition to compete in the 5,000m or 10,000m Race Walk.

Athletes must be turning 14 years of age by 31st December in the year of competition to compete in the 2000m or 3000m Steeplechase event.

Athletes are not permitted to enter the Hammer Throw, Steeplechase or Pole Vault unless they have participated in these events prior at a Strive competition or event of equivalent status (e.g., interstate State-level competitions).

For the purpose of the Little Athletics specification events (listed below), Little Athletics members can compete in these events in the appropriate age group for their year of birth, regardless of other entries.

- LA Under 14 and above: 1500m Race Walk
- LA Under 17 Men 110m Hurdles (76cm); LA Under 16 Men 110m Hurdles (76cm); LA Under 15 Men 100m Hurdles (76cm); LA Under 14 Men 90m Hurdles (76cm); LA Under 14 Women 80m Hurdles (76cm)
- LA Under 14 Women 200m Hurdles (76cm; 5 flights); LA Under 14 Men 200m Hurdles (76cm; 5 flights); LA Under 15 Women 300m Hurdles (76cm; 7 flights); LA Under 15 Men 300m Hurdles (76cm; 7 flights); LA Under 16 Women 300m Hurdles (76cm; 7 flights); LA Under 16 Men 300m Hurdles (76cm; 7 flights); LA Under 17 Women 300m Hurdles (76cm; 7 flights); LA Under 17 Men 300m Hurdles (76cm; 7 flights)

Note: Little Athletics hurdles events will be conducted using collapsible hurdles, as per the Little Athletics Rules of Competition.

FEES & CHARGES

A Championship entry fee of \$10 is applicable, plus \$15 per event.

Where late entries are available a Championship entry fee of \$10 is applicable, plus \$40 per event.

ENTRY CLOSURE DATES

Entries will open 5:00pm, 24th January 2025 and will close on midnight 27th February 2025.

4. ENTRY CONFIRMATION

Entries are to be completed using the online Athletics West registration portal, which can be found at <https://www.athleticswest.com.au/events/252991>.

All athletes are deemed to be confirmed on receipt by Athletics West of event entries. Athletes are **not required to check in** or confirm entries but are advised to check the final start lists to ensure they are entered in the correct event.

Athletes are to enter under the Club, Centre or Independent uniform they wish to compete in. Athletes must only submit one entry through either the Senior Member or Little Athletics Member portal, but not both.

Once you have submitted an entry, you will be unable to edit your registration through the entry portal. If you need to add additional events or change your registration, please contact the Athletics West office at admin@athleticswest.com.au prior to the entry closing date below.

5. LATE ENTRIES

Late entries are permitted **only where a position is available** and will close **ONE (1) HOUR** prior to the published event start time. Late entries will incur a late entry fee of \$40 per event, in addition to the \$10 Championship entry fee, if not previously paid.

Late entries are subject to availability and will not be accepted for events where no entries were received online prior to entries closing. Athletes are encouraged to not rely on late entries.

6. SCRATCHING FROM EVENTS

Entries close as per the closing date in Section 1 of this document. Once entries are closed you are registered to compete. If for any reason you are unable to compete prior to the scheduled event, you will be required to advise non-attendance through a process called scratching.

You will be required to scratch from events through the following process:

- a. Prior to the event: email admin@athleticswest.com.au. You will receive a response to confirm your scratching once it has been processed.
- b. Day of event: The athlete and/or parent/guardian must notify the **Technical Information Centre (TIC) Manager** at least one (1) hour (90 minutes for Pole Vault) prior to the scheduled start time of the event.

If an athlete fails to participate in an event after confirmation or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete further as outlined in World Athletics Rule TR 4.4. This rule does not apply to an athlete who having confirmed, then withdraws before the closure of the confirmation time for the first round of that event.

7. COMPETITION UNIFORM

All athletes entered in the Championships must wear their approved Senior Club or Little Athletics Centre Uniform or Athletics West Independent Uniform as per their entry. For dual members, athletes must wear the uniform of the Club, Centre or Independent membership they have nominated for at entry and wear this uniform for all events.

8. FOOTWEAR

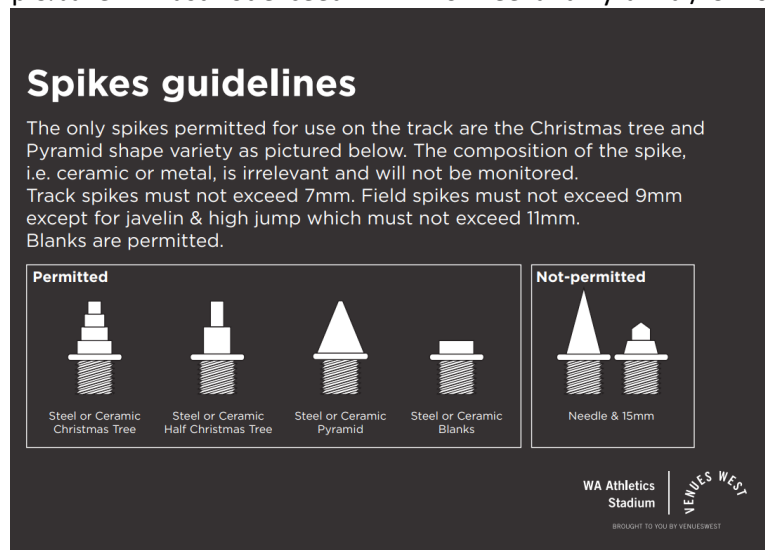
SPIKES

Number of Spikes: The number of spikes positioned in the shoe shall not exceed 11 spikes.

Dimension of Spikes: To maximise performance and prevent damage to the Mondo surface, athletes must not use sharp spikes. The only spikes permitted for use on the track are Christmas Tree and Pyramid Shape variety. The spike must be constructed that it will, at least for half of its length closest to the tip, fit through a square sided 4mm gauge.

For all training and competitions at WA Athletics Stadium spikes must conform to the following rules:

- Track events must not exceed 7mm and Pyramid / Christmas Tree shape.
- Long Jump/ Triple Jump must not exceed 9mm and Pyramid / Christmas Tree shape.
- High Jump & Javelin must not exceed 11mm for heel and Pyramid / Christmas Tree shape.



Any athlete marking the track surface by scratching the track with their spikes may be disqualified from the competition.

Where spikes have been screwed into the shoes the above spikes guidelines will be enforced ensuring the correct type and length of spike are used.

Where spikes are inbuilt into the shoe, utilisation of the World Athletics list of approved athletic shoes will determine the legality of the worn shoes. A full list of approved shoes can be found at <https://certcheck.worldathletics.org/FullList>.

SHOES

All athletes should be familiar with the relevant regulations as outlined in World Athletics Rule TR 5.2 and World Athletics shoe Regulations 10 and 11. Relevant paperwork for wearing specific shoes must be completed and submitted to TIC on the day of competition or via <https://www.athleticswest.com.au/events/204375/>.

Shoe Thickness Rule (As of 1 November 2024)

Event	Maximum Thickness of the sole (as per Regulation 10.6)	Further Requirements/Note
Track Events including hurdles and steeplechase events	20mm spike shoe or non-spike shoe	For relays, the rule applies to the distance of the leg being run by the athlete. For Track Race Walking events, the maximum thickness of the sole is the same as that for Road Events.
Field Events	20mm spike shoe or non-spike shoe	For all Jumping events, the sole at the centre of the athlete's forefoot must be higher than the sole at the centre of the athlete's heel referred to at Regulations 10.3 and 10.4 (i.e. at centre point of the shoe at 12% and 75% of the shoe's internal length.)

9. COMPETITION BIBS

All athletes will receive two (2) competition bibs specific for this event. Bibs can be collected on the day at the TIC (Athletics West tent). When collecting on the day, please allow at least 20 minutes for collection.

Competition bibs must be affixed to the front and back of their uniform with no less than four pins each. The entire bib, including sponsorship information must always be visible and no part of the bib shall be folded under the uniform.

Athletes competing in Jumps events are permitted to wear one competition number on either the front or back of their singlet/crop top. Hip numbers will be provided in the Call Room for all events 800m and above.

An athlete shall not deface or cut off any advertisement material printed on the issued registration number, the whole of which must be visible. It is the responsibility of the officials of the event to check that athletes are wearing the current registration number correctly. Every athlete shall be provided with bibs.

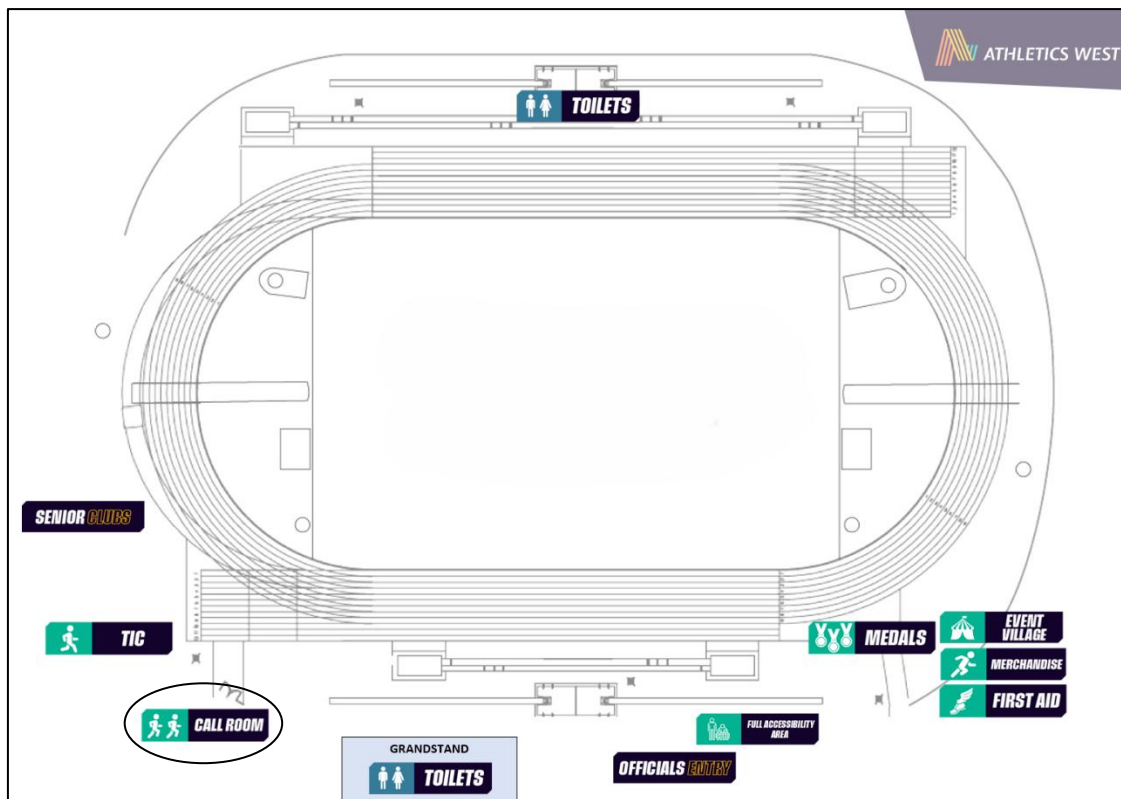
10. WARM UP & TRAINING / DESIGNATION OF COMPETITION ARENA

Athlete warm-up will generally occur outside of the competition arena, in surrounding warm-up venues. However, athletes are permitted to warm up on the main track at the discretion of the Competition Director where it's deemed there will not be any interference with scheduled events. Announcements will be made when the track will no longer be open for warm-up and at this time athletes may continue to warm-up outside of the competition arena.

For field events, once the athletes have proceeded through call room and taken to site, athletes may be permitted to conduct warm-ups and/or practice trials under the direction of the Site Chief Judge, prior to the event start time.

11. CALL ROOM PROCEDURES

There will be a Call Room in operation. The call room location is consistent across all events and can be located at the Southern End of the grandstand (Near the 100m start line), as seen circled below.



Draft Blank Western Australian Athletics Stadium Venue Map

ALL athletes are required to report to the Call Room prior to **each** event/discipline.

Athletes must proceed to the Call Room prior to the scheduled event starting times at the following times:

Event	Call Room Entry (prior to scheduled event start time)
Pole Vault	70 minutes
Discus, Javelin, Hammer, High Jump	45 minutes
Long & Triple Jump, Shot Put	35 minutes
Hurdles, Wheelchair Track, Seated Throws	20 minutes
All other Track Events	15 minutes

Call Room entry times allow for marshalling and movements to the competition site. The remainder of the time may be used to complete the warm-up at the competition site when the competition site is not in use, (under the supervision of the officials).

ALL athletes must report to the call room on time with their competition bibs attached with no less than four (4) pins on each bib.

Where an athlete fails to report to the Call Room prior to the last athlete crossing the Call Room departure line, then the athlete may not be permitted to join the event.

Please note that **ONLY ATHLETES** and approved Athletics West **OFFICIALS** will be allowed in the Call Room.

No announcements to report to Call Room will be made during the competition over the main PA System. Announcements will only occur if the program falls behind or when changes are made to the program.

Athlete entry to the Call Room may not be before the scheduled time due to large number of event processing through.

In the Call Room athletes will be expected to demonstrate that their competition uniform, bib numbers, shoes and other equipment comply with the competition rules.

Spikes are not permitted to be on athletes' feet whilst in the Call Room.

Athletes will proceed to the start of their event from the Call Room ACCOMPANIED BY A CALL ROOM OFFICIAL OR FIELD EVENT OFFICIAL. Athletes who proceed to the event not accompanied by an official will not be allowed to compete in the event.

Para Wheelchair athletes will only be able to take their day chairs into the Call Room if they are competing in a seated throws event.

PERSONAL ITEMS IN CALL ROOM

Athletes are permitted to take items to site including athlete bags, towels, clothing, shoes (not including shoes exceeding spike sizes for that event), water bottles, drinks, snacks and other items required for the conduct of the event (e.g., high jump athletes may take tape to mark their run up).

Where markers for run ups are supplied by the Organising Committee, personal markers shall not be used on site.

The use of mobile phones, music devices or other similar devices are not permitted on site; these are to remain with parent/guardians or in your bag and are not to be taken out during the competition.

12. SIMULTANEOUS EVENTS (CLASH OF EVENTS)

If an athlete is already or likely to be competing in another event at the designated call time the athlete or someone on his/her behalf must notify the Call Room by submitting the **Clash of Events form** to the Call Room Officials prior to the designated call time of the second event.

A clash of events form is to be collected from the Technical Information Centre.

Attempts (jump or throw) can only be held during its designated round. Track will always take precedence over field events.

If an athlete has a Clash of Events, the event Referee may permit an athlete to take a field trial (jump or throw) in a different order from the start list. However, if an athlete is not present for that particular trial, it shall be deemed that they are passing once the period allowed for the trial has elapsed.

Note: The Referee shall not allow an athlete to take a trial in a different order in the final round of trials, but may do so during the earlier rounds.

13. TRACK EVENTS

STARTING BLOCKS

Only starting blocks provided by Athletics West are permitted to be used. Private blocks are not permitted.

Starting blocks are **compulsory** for all events up to and including 400 meters, with the following exception:

- Athletes competing in an Under 13 or Under 14 age group events are not required to use starting blocks but are permitted to, if they wish.

For the U15, U17, U20 and Open Para events, the following WPA rules shall apply:

- *In all races of Sport Classes T11-13 and T20 up to and including 400m, a crouch start and the use of starting blocks are compulsory. [17.1 (i)]*
- *A crouch start is not required by athletes in Sport Classes T35-38, T42-47 and T61-64 [17.1 (ii)]*

FALSE START RULES

For any competition (or part thereof) conducted exclusively for athletes competing in the Under 14 age group and younger, one false start per race (not each athlete) shall be allowed without disqualification of the athlete making the false start. Any athlete(s), making further false starts shall be disqualified from the race.

Where an athlete eligible for such an age group competes in an older age group, he/she will be subject to the rules applied to the older age group.

The effect of this dispensation for the Championships is that:

1. For the Under 15 to Open events inclusive, the World Athletics Rule will be applied.
2. For the Under 13 and Under 14 age group the above dispensation will apply
3. For the U15, U17, U20 and Open Para events, as per WPA rule 17.8 – *any athlete responsible for a false start shall be disqualified by the starter.*

PROGRESSIONS TO FINALS

In the event of a straight final due to scratchings or athletes failing to report to Call Room for the relevant heats, finals will be run at the FINAL TIME.

Rules of Heats to Finals progression are as follows:

- 2 heats - first 3 and next 2 fastest progress
- 3 heats - first 2 and next 2 fastest progress
- 4 heats - first and next fastest 4
- 5 heats - first and next fastest 3

The 'next fastest' will be decided on times to 0.01 second. If the times are equal and there is space available, then both or all such athletes will be advanced. Where there is no space available then the highest placing in the round will determine who will progress to the next round. If athletes are still equal and no spare lane is available, the photo finish will be re-read to 0.001 second if possible. If further ties remain then there will be a coin toss.

Eight (8) lanes will be allocated for finals, but Athletics West reserves the right to utilise available additional lanes if it considers insufficient competitors are available to activate progression table.

14. FIELD EVENTS

In throwing events and the horizontal jumps, all athletes will have three (3) trials.

The Top 8 athletes in the Under 14 to Under 17 age groups will receive 1 additional attempt and the Top 8 athletes in the Under 18 to Open age groups will receive 3 additional attempts.

Where interstate and/or international athletes are competing, any of those athletes who finish in the Top 8 will qualify for additional attempts along with the Top 8 ranking WA athletes.

Site Officials will define the permitted 'area of competition' for athletes. Athletes shall not leave this area during competition without the permission of the Chief Judge. On completion of each field event, results are to be checked by the relevant referee and then immediately taken to the results room for verification.

FIELD EVENT COACHING

A marked coaching area will be allocated for each field site. Coaches may only directly coach athletes from within the defined area.

FIELD EVENT TIMING

The following time limits will apply to this event:

	High Jump	Pole Vault (Seniors)	Other Field Events
All rounds of competitions	60 seconds	60 seconds	60 seconds
When only 2 or 3 athletes left	1 min 30 seconds	2 minutes	60 seconds
When only 1 athlete left	3 minutes	5 minutes	N/A
Consecutive trials	2 minutes	3 minutes	2 minutes

HIGH JUMP STARTING HEIGHTS

Women		Men	
U14	1.20m	U14	1.25m
U15	1.25m	U15	1.30m
U16	1.30m	U16	1.35m
U17	1.35m	U17	1.40m
U18	1.40m	U18	1.45m

Starting heights for U20 and Open age groups shall be determined by the High Jump Chief Judge and the Event Referee at the start of competition.

Progressions will be 5cm increments until there are 6 athletes remaining when the progressions will then go to 2cm increments. When there is only one athlete remaining, they may choose the next height with at least a 2cm increment unless it is to meet a record.

POLE VAULT

Starting heights shall be determined by the Pole Vault Chief Judge and the Event Referee prior to the start of competition.

Progressions will be by 10cm increments until there is only one athlete remaining who may then select the height.

An increase of 5cm may be permitted if it is required for an applicable championship qualification requirement (World Championships/Under 20 Championships).

POLE VAULT RULE DISPENSATION

For the Under 18 age group and lower for women, and the U16 age group and lower for men, at the discretion of the Chief Judge at the event, a trial may be deemed valid where the athlete made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole.

VERTICAL JUMPS

Jump offs for the Championships will be conducted under World Athletics Rule TR26.9. The Technical Delegate can terminate the jump-off if the prevailing weather or light conditions justify the termination of the competition at that point.

TRIPLE JUMP

The following mats distances will be available for the championships.

Age Group	Mat Distance		
Under 14 to Under 18 Men and Women	7m	9m	11m
Under 20 and Open Women	9m	11m	
Under 20 and Open Men	11m	13m	

Once athletes have nominated their initial take-off board at the commencement of the competition. The jumping order of athletes will be adjusted to commence the trials in ascending distance of the take-off mat. (i.e., grouped in order of distances)

Athletes may change their nominated take off board throughout the competition, but this will not adjust the jumping order of the athlete.

15. PRIVATE IMPLEMENTS

Private implements are to be handed to the Technical Manager in the Technical Room no later than 90 minutes before the scheduled event start time or 30 minutes if the implement has been certified at Strive or another State event during the 2024-25 Season the Technical Room is located underneath the grandstand at the 100m Start Line end next to the Call Room.

16. POST EVENT PROCEDURES

All athletes must exit the Field of Play through the Post Event Control area, which is located near the finish line. Officials will direct athletes to this area.

Athletes MUST NOT exit the Field of Play by any method other than through this area.

17. MEDAL PRESENTATIONS

For track events, athletes must leave the main track immediately via the Post Event Control area which is located near the finish line end of the track. Medallists will be called to the Medal Presentation by the announcer.

For field events, results will be signed off by the event Referee, and the medal winners will be taken to the medal presentation area, where medals will be presented as soon as practical.

Each athlete must wear their approved Centre, Club or Independent Uniform for the victory ceremony.

Medals will be awarded to athletes that place first, second and third overall. Where a final is contested with a combination of WA, interstate and/or international athletes, WA athletes will receive a State Championship medal if they are a Top 3 WA athlete in the event. Where an interstate and/or international athletes contests a final, they will receive a State Championship if they finish in the Top 3 in the event.

18. RESULTS / RECORDS

Results will be posted online via <https://athleticswestresults.com.au/>.

Para events are conducted as multi-class events, using the Athletics Australia baseline scoring system with each age group (Under 15, Under 17, Under 20 and Open).

Individual State, Australian and World Records will be recognised where applicable.

19. PROTESTS & APPEALS

Protests must be lodged orally to the Referee by the Athlete and/or Parent/Guardian and/or Team Manager with the relevant Referee as per World Athletics Rules TR8 (8.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event as per World Athletics Rules TR8 (8.2). If a Parent/Guardian or Team Manager is submitting the protest they will need to go to the Technical Information Centre (TIC) and ask for the relevant Referee.

There shall be a "Right to Appeal" to the Jury, which must be lodged within 30 minutes after the notification of the decision by the Referee. The Appeal must be in writing and lodged at TIC with deposit of \$55 (\$50 plus \$5 GST) by EFTPOS only.

The protest/appeal fee as set by the Association, will be refunded if the protest/appeal is upheld by the Jury of Appeal. If the protest/appeal is dismissed, the fee will not be refunded. If the protest/appeal is deemed frivolous by the Jury of Appeal, the deposit will not be refunded.

20. TEAM MANAGERS

All Centres/Clubs with competing athletes must have a Team Manager sign in at the Technical Information Centre (TIC) prior to the event commencing.

21. PROGRAM CHANGES

Any updates to the timetable will be posted on the Athletics West website at www.athleticswest.com.au

22. POSTPONEMENT / CANCELLATION OF EVENTS OR COMPETITION

Appointed Referees shall consult with the Competition Director and Athletics West Competition Director utilising the Athletics West Extreme Weather Guidelines to agree and decide if the remainder of the program yet to be conducted shall be postponed, cancelled or relocated due to conditions impacting the safety of athletes and/or Officials at risk.

The Event Directors will decide whether events not conducted on the day shall be conducted at a future date or cancelled for that year.

In the event of the program being abandoned for the day, all events completed, including track events where finalists have been selected, will stand.

If a field event, except High Jump, is not restarted, and all athletes have completed at least half the number of rounds allowed (i.e., 2 out of 4), then the field referee may deem the event to have been finished and final results will be determined based on performances on the completed rounds.

In High Jump where there are four or less athletes remaining in the event when it is stopped, the event will be deemed to have been finished and results based on performances recorded after the last completed round.

In High Jump where the number of remaining athletes exceeds four and the event is restarted then only those athletes who have not been eliminated from further jumping will be eligible to continue in the event. The event restart will have the bar set one increment above the height set for the last full round of jumps completed before the event was stopped. A full round is one which includes an athlete passing their turn by choice.

If a field event, except High Jump as determined above, is restarted, athletes are eligible to complete the event in accordance with these Rules and Regulations.

RELEVANT POLICIES

The Athletics Australia Code of Conduct applies for all State competitions.

Policies and related documents can be found on the Athletics West website below and any updates will be communicated directly to members: <https://www.athleticswest.com.au/about/policies-reports/>

ATHLETICS WEST CONTACT

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